

"Please call - I need to speak to someone"



An anxious, frightened or angry mind cannot **learn**
An anxious, frightened or angry mind cannot **teach**
An anxious, frightened or angry mind cannot **lead**

A key aspect of the way Achievement for All works with our settings is the relationship between our Achievement Coach and the School Leader.

We can provide leaders with advice and independent confidential support that is highly valued, and bespoke to your circumstances.

Now that government guidelines for September have been published... we want to do more.

Core Strength – A solution to engage children and young people in learning through summer activity

Worried about your child returning to school in September?

Achievement for All has designed and implemented a programme that supports families to provide meaningful and high impact activities for children and young people to rebuild their confidence and ability to learn following Covid-19 lockdown

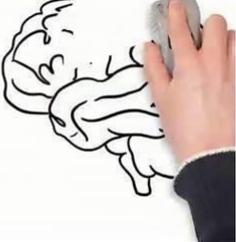
Core Strength – A tool kit to engage children and young people in learning through summer activity

Achievement for All, a not for profit charity supports families to provide meaningful and high impact activities for children and young people to rebuild their confidence and ability to learn following Covid-19 lockdown, as described by a six-year-old below -

Core Strength

Your brain is part of your body,
and so exactly the same
things apply.

Core Strength
is all about the mental toolkit
you can develop as you grow.

A hand in a dark sleeve is pointing towards a simple line drawing of a human brain. The drawing is positioned to the right of the text on the left side of the image.

[Core Strength V2 0](#)
and share it all with friends, family, and the
world on YouTube.
youtu.be

How does Core Strength support parents?

- A framework that builds the confidence and ability to learn
- A framework that is accessible, easy to understand and apply in the home
- A tool that acknowledges and celebrates learning wherever and however it takes place
- Easily understood and internalised by children and young people of all ages and all abilities
- An approach that will help children and young people to become re-motivated and learning ready again for formal schooling in September

FREE RESOURCES:

Primary / Secondary / FE Colleges / Parents and Carers

https://res.afa3as.org.uk/CoreStrength/CS_Resources/index.html

Covid-19 Leadership Support

We are offering highly focused high impact support programmes that address critical Covid-19 issues facing education communities here and now:

- Engaging positively with the hardest-to-reach families in terms of re-establishing learning
- Provision to close the gap
- Core strength (re-building learning in a new and engaging way **to support wellbeing**)
- Digital technologies to transform learning, particularly with EAL and new migrant families

For the first time, we are offering new settings an opportunity to access *any* of our professional development modules in small, highly focused packages.

<https://afaeducation.org/covid-19-leadership-support/>



Deep Leadership

Finally, we re-emphasise our commitment to putting **wellbeing at the heart of learning**, starting with the school leader.

The world is at war with a virus, and it is no exaggeration to describe your school as one of the battlegrounds.

The levels of stress and anxiety become toxic and can be crippling, and until humanity develops a magic bullet a single droplet carried in the air could have a devastating impact on those in your care, staff, children and families.

And what about the aftermath of the battle?

We need to prepare now for the rebuilding of our communities in anticipation of the impact of prolonged and sustained toxic stress.

This module takes lessons from leadership in extreme and hostile conditions and applies them to the stark realities that education leaders are facing today due to the COVID-19 crisis. There are invaluable, profound lessons to be learned that will help you through the storm, drawn not only from leadership in extreme circumstances but also from the latest research from neuroscience, trauma-informed practice, therapeutic schools and emotion coaching.

However, all of this is driven by a key principle survival: put *your* oxygen mask on first before you help others. You will find the relationship that you build with your assigned Achievement Coach an invaluable tool that will impact positively on *your* wellbeing - discrete professional and informed.

You will work through the materials in dialogue with your Achievement Coach. It is your decision whether the support is primarily for you or is deployed across your leadership team. The support is offered as a combination of face-to-face, concall or video conference, shaped according to your preferences.

After an initial exploratory meeting to benchmark, agree terms of engagement, affirm degrees of confidentiality and prioritise activity, a roadmap through the module is co-constructed.

We will help you put wellbeing at the heart of learning.

If you would like to learn more about the Core Strength framework and our training materials, please contact:

Prof Sonia Blandford

Founder and CEO Achievement for All

e Sonia.blandford@afaeducation.org

t 07894 885 264